Revolutions Skating Club Return To Skating Covid Guidelines

*Please note that the following guidelines **MUST** be followed by all skaters, coaches and parents in order to participate in RSC skating sessions.

Parents of all skaters are expected to monitor their skater before coming to the rink for any signs of illness, fever, cough, etc. We will not be taking temperatures of our skaters or coaches but do expect the health of all participants to be the number one priority.

- 1. All skaters, coaches and parents must wear a mask when entering and exiting the ARC building.
- 2. Skaters do not need to wear masks when skating.
- 3. Social distancing of 6 feet apart will be in place for all skaters, coaches and parents, both on and off the ice.
- 4. Skaters may use the restroom, one at a time. Use of the rest of the ARC facility is prohibited.
- 5. The lobby / warming area is closed to all. Skaters, parents and coaches will be using the dedicated areas in the rink to put on and take off skates.
- 6. Designated areas for putting on skates will be marked, 6-feet apart. Skaters may bring one, small bag for their personal items and all items must remain in their closed bag while skating, including shoes. *All skater areas must be kept neat, tidy and organized in your personal bag.
- 7. Skaters will have 10 minutes to put on their skates, and 5 minutes to take off their skates. All should exit the building as quickly as possible.
- 8. Skaters should come dressed ready for the ice session and off-ice warm up must take place outside, with safe distancing.
- 9. Skaters will enter at the mezzanine door (by the hockey office) and exit by the door at the corner of the ice rink, that opens to the softball fields, one person at a time. All entrances and exits will be marked with the appropriate signage.
- 10.All skaters must check in with the RSC coach who is monitoring the sign-in sheet.
- 11.A maximum number of 20 skaters and coaches, combined, is allowed per session.

- 12. Skaters will remain on the ice at all times, except for using the restroom.
- 13. Skaters will bring their own water bottle and may not share with others.
- 14.Skaters will bring their own tissues and throw their used tissues immediately in the trash can.
- 15. Any snacks brought from home will need to be eaten outside.
- 16.Skaters will need to provide their own ice skates; there will be no skate rental at this time.
- 17. Music is to be played by coaches only and social distancing must be practiced in the music area.
- 18. All notices and area restrictions posted by the ARC staff MUST be followed.